

What are Home Based Services for Children Birth to Three?

It is a Home Based mental health service for parents and children ages 0 to 3. It is long term, intensive, strength-based, and comprehensive care. It provides services to infants, toddlers, and their parents in the most natural setting – their home.



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*Infant Mental Health
Services for Children
Birth to Three*





Why are these services important?

The first 5 years of a child's life are the most important in terms of physical, social, and emotional development. It is at this time that the brain is working its hardest and forming pathways that are present for the rest of a child's life. It's important to address needs as early as possible – IT'S NEVER TOO EARLY!

0 – 3 Services may be a good fit if...

- Difficulties with adjusting to a new baby
- Premature or special needs babies
- Single or adolescent parent
- Infants and toddlers with difficult temperaments
- Concerns with attachment
- Infant/Toddler who may not be growing as expected
- Closely spaced children
- Parents with a history of mental illness
- Parents with a history of substance abuse
- Families involved with Child Protective Services/Foster Care
- Chronic stress related to lack of financial resources.

What Do Services Include

- Visits from a MI-AIMH endorsed clinician specifically trained to work with infants and toddlers.
- Assessment of infant/toddler and family needs
- Develops goals set by the family – not the service provider.
- Coordination with other services in the home
- Referrals to help meet other family needs
- Advocating for the infant/toddler and family's needs
- Parent develops networks and supports
- Assists parents to identify community resources
- Provides emotional support, strengths & interaction
- Provides Developmental Guidance
- And . . .much more!

Contact Integro, llc in Hillsdale or Jackson County for more information or to make a referral for this service.